

SEE INSIDE PAGES FOR  
AN EASY-TO-FOLLOW  
**CHECKLIST AND  
IMPORTANT REMINDERS**  
ABOUT STARTING YOUR  
**CERDELGA TREATMENT**

# HOW TO GET STARTED ON CERDELGA

Cerdelga is the **ONLY first-line oral** therapy indicated for the long-term treatment of most adults with Gaucher disease type 1 (GD1)



## GD1 Treatment Options: ERT and SRT



Enzyme replacement therapy (ERT) is an intravenous infusion usually given **every 2 weeks for 1 to 2 hours** at an infusion center, doctor's office, or your home



Cerdelga is a substrate reduction therapy (SRT), a capsule taken by mouth **either once or twice per day** depending on your CYP2D6 metabolizer status and your other conditions

CYP2D6 is an enzyme in your body that plays an important role in breaking down or metabolizing Cerdelga.

- Your CYP2D6 metabolizer status describes your body's ability to break down certain drugs, including Cerdelga
- Knowing your CYP2D6 metabolizer status is the first step toward determining if Cerdelga is right for you

**More than 90% of adult patients with GD1 tested for CYP2D6 status are eligible for Cerdelga**

## INDICATION

CERDELGA is a prescription medicine used for the long-term treatment of Gaucher disease type 1 (GD1) in adults who are CYP2D6 extensive metabolizers (EMs), intermediate metabolizers (IMs), or poor metabolizers (PMs) as detected by an FDA-cleared test. Your doctor will perform a test to make sure that CERDELGA is right for you.

### Limitations of Use:

- CYP2D6 ultra-rapid metabolizers may not achieve adequate concentrations of CERDELGA to achieve a therapeutic effect.
- A specific dose cannot be recommended for CYP2D6 indeterminate metabolizers.

Please see Important Safety Information throughout and full [Prescribing Information](#), including the Patient Medication Guide, for CERDELGA.

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Before starting Cerdelga, use the checklist below to help guide a discussion with your doctor:

-  Ask about a test that helps identify your **CYP2D6 metabolizer status** and determine your Cerdelga eligibility
-  Discuss if you have any **kidney or liver problems**
-  Name all medical conditions you have, including **any heart problems** (especially a condition called long QT syndrome) or **history of heart attack**
-  Bring up any **medicines you take** (including prescription drugs, over-the-counter drugs, vitamins, and/or herbal supplements), as certain medications **may affect how Cerdelga breaks down**
-  Mention if **you are pregnant** or plan to become pregnant, **or are breastfeeding** or plan to breastfeed\*
-  Track your last ERT infusion. If Cerdelga is right for you, you may be able to switch from an ERT **24 hours after your last infusion.**

\*It is not known if Cerdelga will harm your unborn baby or if Cerdelga passes into your breast milk. You and your doctor will decide if you should take Cerdelga or breastfeed. You should not do both.

Use the space below to write down any questions for your doctor about starting Cerdelga:

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### IMPORTANT SAFETY INFORMATION

Certain patients should not use CERDELGA based on their CYP2D6 metabolizer status due to an increased risk of side effects, including heart problems. Do not use CERDELGA if you are:

- An Extensive Metabolizer (EM) taking a medicine that is a strong or moderate CYP2D6 inhibitor along with another medicine that is a strong or moderate CYP3A inhibitor, an EM with moderate or severe liver problems, or an EM with mild liver problems and taking a medicine that is a strong or moderate CYP2D6 inhibitor.
- An Intermediate Metabolizer (IM) taking a medicine that is a strong or moderate CYP2D6 inhibitor along with another medicine that is a strong or moderate CYP3A inhibitor, an IM taking a medicine that is a strong CYP3A inhibitor, or an IM with any degree of liver problems.
- A Poor Metabolizer (PM) taking a medicine that is a strong CYP3A inhibitor, or a PM with any degree of liver problems.

Please see Important Safety Information throughout and full [Prescribing Information](#), including the [Patient Medication Guide](#), for CERDELGA.

Once you've been prescribed Cerdelga, be sure to note the following important reminders:

-  Tell your doctor about any **new medicines before you start taking them**, as they may **increase the risk of side effects**
-  Take Cerdelga exactly as your doctor tells you to take it. Your doctor **may change your dose** if needed
-  **Swallow the capsule whole, preferably with water**, sitting upright. **DO NOT open, crush, or dissolve capsules before swallowing.** If you have trouble swallowing the capsules, tell your doctor.
-  Cerdelga may be taken with or without food, but **avoid eating or drinking grapefruit products while taking Cerdelga.** Grapefruit products can increase the amount of Cerdelga in your body.
-  If you miss a dose of Cerdelga, take the next dose at the usual time. **Do not take 2 doses of Cerdelga at the same time.**
-  If you take **too much Cerdelga**, call your doctor or go to your nearest **emergency room right away**

Write down any additional reminders or topics you would like to discuss with your doctor:

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### IMPORTANT SAFETY INFORMATION (continued)

Your doctor will perform a test to help determine if CERDELGA is right for you.

CERDELGA can affect the way other medicines work and other medicines can affect how CERDELGA works. Using CERDELGA with other medicines or herbal supplements may cause an increased risk of side effects, including changes in electrical activity of your heart (ECG changes) and irregular heart beat (arrhythmias). Especially tell your doctor if you take St. John's Wort, or medicines for fungal infections, tuberculosis, seizures, heart conditions, high blood pressure, or depression or other mental health problems. Your doctor may need to prescribe a different medicine, change your dose of other medicines, or change your dose of CERDELGA. Tell your doctor about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements before you start taking them.

Please see Important Safety Information throughout and full [Prescribing Information](#), including the Patient Medication Guide, for CERDELGA.



## Ask your doctor if Cerdelga is right for you and your lifestyle

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### **IMPORTANT SAFETY INFORMATION** (continued)

Before taking CERDELGA, tell your doctor about all of your medical conditions, including heart problems (including a condition called long QT syndrome), a history of heart attack, kidney or liver problems. If you are pregnant or plan to become pregnant or breastfeed, talk to your doctor. It is not known if CERDELGA will harm your unborn baby. Talk to your doctor if you are breastfeeding or planning to breastfeed. It is not known if CERDELGA passes into your breast milk. You and your doctor will decide if you should take CERDELGA or breastfeed. You should not do both.

CERDELGA, used with certain other medicines, may cause changes in the electrical activity of your heart (ECG changes) and irregular heart beat (arrhythmias). Tell your doctor if you have new symptoms such as palpitations, fainting, or dizziness.

The most common side effects ( $\geq 10\%$ ) of CERDELGA include: tiredness, headache, nausea, diarrhea, back pain, pain in extremities, and upper abdominal pain. Call your doctor for medical advice about adverse effects.

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of CERDELGA. Call your doctor for medical advice about side effects.

It is not known if CERDELGA is safe and effective in children.

**To report SUSPECTED ADVERSE REACTIONS, contact Sanofi Medical Information at 1-800-745-4447, Option 2.**

**Please see Important Safety Information throughout and full [Prescribing Information](#), including the Patient Medication Guide, for CERDELGA.**

## **START AND STAY WITH CERDELGA TODAY!**